



in collaboration with



 **CAMP PROGRAM**

<u>SATURDAY</u>	Morning	Arrival. Pick up at the airport and accommodation in the camp's premises.
	Afternoon	
	Night	
<u>SUNDAY</u>	Morning	Day trip to Athens (or, alternatively, trip to one of Egina, Ydra, Spetses or Kea)
	Afternoon	
	Night	Free
<u>MONDAY</u>	Morning	2-hour beach volley practice @ Anima: Intro to the sport, basic movements and techniques. Use of pool, relax and light lunch.
	Afternoon	Greek bartending workshop* @ Sazerac Bar, or other optional activity (see list)
	Night	Drink @ Sazerac Bar
<u>TUESDAY</u>	Morning	2-hour beach volley practice @ Anima: Reception and setting. Use of pool, relax and light lunch.
	Afternoon	Winetasting* @ Papagiannakou Winery, Markopoulo or other optional activity (see list)
	Night	Free
<u>WEDNESDAY</u>	Morning	2-hour beach volley practice @ Anima: Hitting and digging. Use of pool, relax and light lunch.
	Afternoon	Visit to Sounio and Poseidon Temple. Swim at local beach.
	Night	Beach Bar Night (in summer).

<u>THURSDAY</u>	Morning	2-hour beach volley practice @ Anima: Service and defense. Use of pool, relax and light lunch.
	Afternoon	Visit and swim @ Vouliagmenis Lake or other optional activity (see list).
	Night	Night out @ Balux Café/Bar, Glyfada.
<u>FRIDAY</u>	Morning	2-hour beach volley practice @ Anima: Games Use of pool, relax and light lunch.
	Afternoon	Speed boat open sea trip* in the Saronic Sea or other optional activity (see list).
	Night	Free
<u>SATURDAY</u>	Morning	Final tournament with local teams. Photos, souvenirs and handing of Academy Diploma
	Afternoon	Free
	Night	Seafood tavern. Farewell Party.
<u>SUNDAY</u>	Morning	
	Afternoon	Departure
	Night	

Marked with *: optional



Possible day trips (Epidaurus, Nafplio, Delphi, Ydra, Aigina, Spetses, Kea)



List of extra activities:

- More Athens tours
- Water sports (windsurf, canoe, diving, kite surf etc.)
- Speedy boat rental or sailing
- Tennis
- Bicycle tours
- Horse riding
- Greek cooking lessons
- Yoga